



Happy & Healthy at Home and Outdoors

**Mondays
9:00am – 11:00am**

**Venue: The Big Hideout Community Garden,
Hartcliffe, BS13 0RF**

Join us on the Community Garden!

Sowing and planting for Spring

Cooking for health & happiness – **Apple Crumble**

Halloween crafts and cooking pumpkin and squash soup

Christmas crafts, make a wreath and cooking Christmas biscuits

Contact: Helen Richards

Call: 07760990855

Email: Helen.Richards@bristol.gov.uk

Eligibility: Adults 19+, with no or low qualifications



**COMMUNITY
LEARNING**

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